

EDUCATION

- **Ph.D. in Social Work** – University of Texas at Arlington, Arlington, TX | 2017
 - Dissertation: *Leaving an abusive relationship: Experiences of survivors in emergency shelter and transitional housing*
- **Master of Science in Social Work** – University of Texas at Arlington, Arlington, TX | 2010
- **Bachelor of Social Work** – Texas Christian University, Fort Worth, TX | 2009

LICENSURE

- Licensed Master Social Worker (LMSW), TX; #52923 (Issued: 02/10/2011)
- Actively pursuing LCSW clinical hours under the supervision of Jennifer Vasquez, PhD, LCSW-S

PROFESSIONAL EXPERIENCE

Clinical Associate I

Inspired Practice, LLC – Remote | 2024-Present

- Provide trauma-informed virtual therapy to individuals seeking support for anxiety, depression, identity exploration, abuse, and life transitions, with a focus on empowerment and healing.

Part-Time Psychotherapist

Rooted Rebellion Counseling, PLLC | 2025-Present

- Provide trauma-informed therapy to individuals facing anxiety, depression, identity exploration, life transitions, and abuse, fostering empowerment, healing, and resilience.

Tenured Associate Professor

Our Lady of the Lake University – San Antonio, TX | 2023–Present

- Courses taught (online): Domestic and Intimate Partner Violence (Undergrad); Human Behavior: Individuals and Families (Undergrad); Human Behavior in the Social Environment: Social Systems (Grad)

Assistant Professor

Our Lady of the Lake University – San Antonio, TX | 2018–2023

- Courses taught: Domestic and Intimate Partner Violence (Undergrad); Human Behavior: Individuals and Families (Undergrad); Human Behavior and Diverse Populations (Undergrad); Research Methods I (Grad); Theories and Perspectives: Hispanic Children and Families (Grad); Social Work Research Methods (Undergrad); Introduction to Pedagogy (PhD); Evaluation of Social Work Practice with Hispanic Children and Families (Grad)

Victim Advocate Program Manager

Carrollton Police Department – Carrollton, TX | March 2012–July 2013

Transitional Housing Coordinator

Hope's Door – Plano, TX | August 2010–March 2012

Family Services Case Manager

Hope's Door – Plano, TX | February 2010–August 2010

Undergraduate Intern

Arlington Police Department – Arlington, TX | September 2008–May 2009

MANUSCRIPTS, PRESENTATIONS, AND RESEARCH

Hawley-Bernardez, A. (2024, February). *Guest speaker: Breaking the Cycle Radio – Intimate partner violence.* Breaking the Cycle Radio. <https://www.youtube.com/live/JyPDaWSGp94?si=zWbs0E9h4sFNFfKj>

- Discussed the dynamics of intimate partner violence (IPV) as well as common myths and misunderstandings of IPV.
 - Provided insights on the psychological impact of IPV, risk assessment, and best practices for supporting survivors.
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- Addressed ways we can all foster healing, resilience, and empowerment

Hawley-Bernardez, A., Patton, J., Bakke, C., & Gibbons, G. (2024). Preparing social work students for gun violence. *Social Work Education*. <https://doi.org/10.1080/02615479.2024.2334788>

Bakke, C. & **Hawley-Bernardez, A.** (2022). *Experiences of female veteran military sexual trauma survivors: A thematic analysis*. Accepted oral paper presentation for the annual program meeting of the 2022 Council on Social Work Education (CSWE), Anaheim, CA.

Hawley-Bernardez, A. (2018, January). *Leaving an abusive relationship: An exploratory study of the stages of change survivors of IPV experience in transitional housing and emergency shelter*. Poster presented at the annual program meeting of the Society of Social Work Research (SSWR), Washington D.C.

Black, B., ***Hawley, A.**, Barnett, T. & Hoefler, R. (2017). Factors related to shelters providing teen dating violence prevention programming in schools. *Children and Schools*, 39(2). 99-107. doi: 10.1093/cs/cdx007

***Hawley, A.**, Black, B., Hoefler, R., & Barnett, T. M. (2017). Domestic violence shelters' efforts to prevent teen dating violence: A national survey. *Violence Against Women*, 23(4) doi:10.1177/1077801216644073

Weisz, A., Black, B., & ***Hawley, A.** (2017). What would they do? Parents' responses to hypothetical teen dating violence situations. *Violence and Victims*, 32(2). doi: 10.1891/0886-6708.VV-D-15-00136

***Hawley, A.**, Black, B., & Rueda, H. (2016, January). *Teen dating violence (TDV) scenarios: A qualitative analysis of proposed MSW students' interventions*. Poster presented at the annual program meeting of the Society of Social Work Research (SSWR), Washington D.C.

Rueda, H., ***Hawley, A.**, Black, B., & Ombayo, B. (2016). Graduating MSW students' recommended assessments and interventions in situations of teen dating violence: A qualitative analysis. *Advances in Social Work*, 17(2), 203-220. doi:10.18060/21202

Rueda, H. A. & ***Hawley, A.** (2015, October). *Master of Social Work Students' Responses to Scenarios of Teen Dating Violence*. Paper presented at the annual program meeting of the Council on Social Work Education (CSWE), Denver, CO.

***Hawley, A.**, Barnett, T., Black, B., & Hoefler, R. (2015, January). *Domestic violence shelters: What influences their ability to provide teen dating violence prevention programming?* Paper presented at the annual program meeting of the Society of Social Work Research (SSWR), New Orleans, LA.

Black, B., Weisz, A., & ***Hawley, A.** (2014, October). *What would they do? Parent's responses to hypothetical teen-dating violence situations*. Paper presented at the annual program meeting of the Council on Social Work Education (CSWE), Tampa, FL.

Barnett, T., ***Hawley, A.**, & Black, B. (2014, October). *Domestic violence shelters: preventing teen dating violence at micro and macro levels*. Poster presented at the annual program

meeting of the Council on Social Work Education (CSWE), Tampa, FL.

***Hawley, A.** (2014, March). *Comparative theoretical perspectives: Intimate partner violence through the lens of feminist and empowerment theories*. Poster presented at the Annual Celebration of Excellence by Students (ACES). Arlington, TX.

Hawley, D. A. & ***Barker, A.** (2012). Survivors of intimate partner violence: Implications for nursing care. *Critical Care Nursing Clinics of North America*, 24 (1), doi: 10.1016/j.ccell.2011.12.003.

***Hawley, A. C.** (2009). Effects of substance abuse in repeat intimate partner violence (IPV) cases. *TCU Journal of Undergraduate Research and Creativity*, 3(1), 101-105.

***Hawley, A. C.** (2009, April). *Influence of substance abuse on repeat victims of intimate partner violence*. Poster presented at the TCU Harris College of Nursing & Health Sciences Research Symposium, Fort Worth, TX.

*Former married and maiden name

RESEARCH EXPERIENCE

- Lived experiences of sex trafficking survivors using photovoice
Our Lady of the Lake University; 2017 – 2020
 - Utilizing Participatory Action Research and photovoice to work collaboratively with the survivors to gain insight into their experiences during their transition and recovery out of the sex trafficking industry.
 - Collaborating with a nonprofit agency that provides second-stage home resources as well as personal and professional development for survivors who have exited the industry.
- Dissertation – Leaving an abusive relationship: What are the experiences of leaving an abusive relationship for survivors in an emergency shelter and transitional housing?
University of Texas at Arlington; 2016-2017
 - Conducted 19 face-to-face, qualitative interviews with survivors of IPV who had left abusive relationships; completed hermeneutic qualitative data analysis; prepared and published manuscript.
- Master of social work students' perceptions and knowledge of teen dating violence
University of Texas at Arlington; 2014-2016
 - Contributed to project meetings and ongoing project development.
 - Assisted with quantitative and qualitative data analysis.
- Domestic violence shelters efforts to prevent teen dating violence: A national survey
University of Texas at Arlington; 2014-2015
 - Contributed to project meetings and ongoing project development.
 - Collected and analyzed national, quantitative data.
 - Produced research report.
- Factors related to shelters providing teen dating violence prevention programming in schools
University of Texas at Arlington; 2014-2015
 - Contributed to project meetings and ongoing project development.
 - Collected and analyzed national, quantitative data.
 - Produced research report.

- Parental responses to teen dating violence
University of Texas at Arlington; 2013-2014
 - Conducted focus groups.
 - Analyzed qualitative data.
 - Produced research report.

CERTIFICATIONS AND TRAININGS

- Certified Trauma Professional | In-Progress
- Women's Mental Health Specialist | In-Progress
- Trauma Care Institute (TCI) Certificate in Trauma-Informed Care | 2024-2025
- Adult Mental Health First Aid Training | January 2025
- Youth Mental Health First Aid Training | January 2025
- Behavior Intervention: Prevention & Non-Physical Intervention Training | 2024, 2025
- CPR - First Aid Certified | 2022, 2023, 2024, 2025
- Reporting Suspected Abuse or Neglect of a Child Training | 2022, 2023, 2024, 2025
- Trust-Based Relational Intervention (TBRI) Caregiver Training | 2022, 2023, 2024, 2025
- Human-trafficking Training | 2022, 2023, 2024, 2025
- Preventing and Recognizing Youth Sexual Abuse Training | 2022, 2023, 2024, 2025
- Suicide Prevention - Screening and Safety Planning Training | 2022, 2023, 2024, 2025
- Trauma Informed Care Training | 2022, 2023, 2024, 2025
- Expert Witness Training | 2013; *Institute on Domestic Violence and Sexual Assault, University of Texas at Austin*
 - Specialized training in serving as an expert witness in legal cases involving domestic violence and sexual assault.

VOLUNTEER/SERVICE ACTIVITIES

- Moms Demand Action Volunteer – Fort Worth | 2018–Present
 - Be SMART Program Lead | 2021–Present
- Licensed Foster Parent – Fort Worth | 2022–Present
- Court Appointed Special Advocate (CASA) – Bexar County | 2018–2019
- Brighter Tomorrows Domestic Violence Hotline Volunteer – Fort Worth | 2013–2014

*Professional references available upon request