EDUCATION

- **Ph.D. in Social Work** University of Texas at Arlington, Arlington, TX | 2017
 - Dissertation: Leaving an abusive relationship: Experiences of survivors in emergency shelter and transitional housing
- Master of Science in Social Work University of Texas at Arlington, Arlington, TX | 2010
- Bachelor of Social Work Texas Christian University, Fort Worth, TX | 2009

LICENSURE

- Licensed Master Social Worker (LMSW), TX; #52923 (Issued: 02/10/2011)
- Actively pursuing LCSW clinical hours under the supervision of Jennifer Vasquez, PhD, LCSW-S

PROFESSIONAL EXPERIENCE

Clinical Associate I

Inspired Practice, LLC – Remote | 2024-Present

- Maintaining a caseload of at least four clients, providing virtual therapy to individuals navigating life transitions, identity challenges, and mental health concerns.
- Specializing in working with individuals who have experienced intimate partner violence
- Focusing on fostering self-esteem, resilience, and personal growth while addressing issues such as anxiety, depression, trauma, and work-life balance.

Tenured Associate Professor

Our Lady of the Lake University - San Antonio, TX | 2023-Present

• Courses taught (online): Domestic and Intimate Partner Violence (Undergrad); Human Behavior: Individuals and Families (Undergrad); Human Behavior in the Social Environment: Social Systems (Grad)

Assistant Professor

Our Lady of the Lake University – San Antonio, TX | 2018–2023

 Courses taught: Domestic and Intimate Partner Violence (Undergrad); Human Behavior: Individuals and Families (Undergrad); Human Behavior and Diverse Populations (Undergrad); Research Methods I (Grad); Theories and Perspectives: Hispanic Children and Families (Grad); Social Work Research Methods (Undergrad); Introduction to Pedagogy (PhD); Evaluation of Social Work Practice with Hispanic Children and Families (Grad)

Victim Advocate Program Manager

Carrollton Police Department – Carrollton, TX | March 2012–July 2013

Transitional Housing Coordinator

Hope's Door - Plano, TX | August 2010-March 2012

Family Services Case Manager

Hope's Door – Plano, TX | February 2010–August 2010

Undergraduate Intern

Arlington Police Department – Arlington, TX | September 2008–May 2009

MANUSCRIPTS, PRESENTATIONS, AND RESEARCH

Hawley-Bernardez, A. (2024, February). *Guest speaker: Breaking the Cycle Radio – Intimate partner violence*. Breaking the Cycle Radio. https://www.youtube.com/live/JyPDaWSGp94?si=zWbs0E9h4sFNFfKj

- Discussed the dynamics of intimate partner violence (IPV) as well as common myths and misunderstandings of IPV
- Provided insights on the psychological impact of IPV, risk assessment, and best practices for supporting survivors.
- Addressed ways we can all foster healing, resilience, and empowerment

- **Hawley-Bernardez, A.,** Patton, J., Bakke, C., & Gibbons, G. (2024). Preparing social work students for gun violence. *Social Work Education*. https://doi.org/10.1080/02615479.2024.2334788
- Bakke, C. & **Hawley-Bernardez**, A. (2022). Experiences of female veteran military sexual trauma survivors: A thematic analysis. Accepted oral paper presentation for the annual program meeting of the 2022 Council on Social Work Education (CSWE), Anaheim, CA.
- **Hawley-Bernardez, A.** (2018, January). Leaving an abusive relationship: An exploratory study of the stages of change survivors of IPV experience in transitional housing and emergency shelter. Poster presented at the annual program meeting of the Society of Social Work Research (SSWR), Washington D.C.
- Black, B., ***Hawley, A.**, Barnett, T. & Hoefer, R. (2017). Factors related to shelters providing teen dating violence prevention programming in schools. *Children and Schools*, 39(2). 99-107. doi: 10.1093/cs/cdx007
- *Hawley, A., Black, B., Hoefer, R., & Barnett, T. M. (2017). Domestic violence shelters' efforts to prevent teen dating violence: A national survey. *Violence Against Women*, 23(4) doi:10.1177/1077801216644073
- Weisz, A., Black, B., & *Hawley, A. (2017). What would they do? Parents' responses to hypothetical teen dating violence situations. *Violence and Victims*, 32(2). doi: 10.1891/0886-6708.VV-D-15-00136
- *Hawley, A., Black, B., & Rueda, H. (2016, January). *Teen dating violence (TDV) scenarios: A qualitative analysis of proposed MSW students' interventions*. Poster presented at the annual program meeting of the Society of Social Work Research (SSWR), Washington D.C.
- Rueda, H., *Hawley, A., Black, B., & Ombayo, B. (2016). Graduating MSW students' recommended assessments and interventions in situations of teen dating violence: A qualitative analysis. *Advances in Social Work*, 17(2), 203-220. doi:10.18060/21202
- Rueda, H. A. & *Hawley, A. (2015, October). *Master of Social Work Students' Responses to Scenarios of Teen Dating Violence*. Paper presented at the annual program meeting of the Council on Social Work Education (CSWE), Denver, CO.
- *Hawley, A., Barnett, T., Black, B., & Hoefer, R. (2015, January). *Domestic violence shelters:* What influences their ability to provide teen dating violence prevention programming? Paper presented at the annual program meeting of the Society of Social Work Research (SSWR), New Orleans, LA.
- Black, B., Weisz, A., & *Hawley, A. (2014, October). What would they do? Parent's responses to hypothetical teen-dating violence situations. Paper presented at the annual program meeting of the Council on Social Work Education (CSWE), Tampa, FL.
- Barnett, T., *Hawley, A., & Black, B. (2014, October). *Domestic violence shelters: preventing teen dating violence at micro and macro levels*. Poster presented at the annual program meeting of the Council on Social Work Education (CSWE), Tampa, FL.

- *Hawley, A. (2014, March). Comparative theoretical perspectives: Intimate partner violence through the lens of feminist and empowerment theories. Poster presented at the Annual Celebration of Excellence by Students (ACES). Arlington, TX.
- Hawley, D. A. & *Barker, A. (2012). Survivors of intimate partner violence: Implications for nursing care. *Critical Care Nursing Clinics of North America*, 24 (1), doi: 10.1016/j.ccell.2011.12.003.
- *Hawley, A. C. (2009). Effects of substance abuse in repeat intimate partner violence (IPV) cases. TCU Journal of Undergraduate Research and Creativity, 3(1), 101-105.
- *Hawley, A. C. (2009, April). *Influence of substance abuse on repeat victims of intimate partner violence*. Poster presented at the TCU Harris College of Nursing & Health Sciences Research Symposium, Fort Worth, TX.
- *Former married and maiden name

RESEARCH EXPERIENCE

- Lived experiences of sex trafficking survivors using photovoice Our Lady of the Lake University; 2017 – 2020
 - o Utilizing Participatory Action Research and photovoice to work collaboratively with the survivors to gain insight into their experiences during their transition and recovery out of the sex trafficking industry.
 - Collaborating with a nonprofit agency that provides second-stage home resources as well as personal and professional development for survivors who have exited the industry.
- Dissertation Leaving an abusive relationship: What are the experiences of leaving an abusive relationship for survivors in an emergency shelter and transitional housing?
 University of Texas at Arlington; 2016-2017
 - o Conducted 19 face-to-face, qualitative interviews with survivors of IPV who had left abusive relationships; completed hermeneutic qualitative data analysis; prepared and published manuscript.
- Master of social work students' perceptions and knowledge of teen dating violence *University of Texas at Arlington*; 2014-2016
 - o Contributed to project meetings and ongoing project development.
 - o Assisted with quantitative and qualitative data analysis.
- Domestic violence shelters efforts to prevent teen dating violence: A national survey *University of Texas at Arlington*; 2014-2015
 - o Contributed to project meetings and ongoing project development.
 - o Collected and analyzed national, quantitative data.
 - Produced research report.
- Factors related to shelters providing teen dating violence prevention programming in schools *University of Texas at Arlington*; 2014-2015
 - o Contributed to project meetings and ongoing project development.
 - o Collected and analyzed national, quantitative data.
 - Produced research report.

- Parental responses to teen dating violence *University of Texas at Arlington*; 2013-2014
 - o Conducted focus groups.
 - o Analyzed qualitative data.
 - o Produced research report.

CERTIFICATIONS AND TRAININGS

- Certified Trauma Professional | In-Progress
- Women's Mental Health Specialist | In-Progress
- Trauma Care Institute (TCI) Certificate in Trauma-Informed Care | 2024-2025
- Adult Mental Health First Aid Training | January 2025
- Youth Mental Health First Aid Training | January 2025
- Behavior Intervention: Prevention & Non-Physical Intervention Training | 2024, 2025
- CPR First Aid Certified | 2022, 2023, 2024, 2025
- Reporting Suspected Abuse or Neglect of a Child Training | 2022, 2023, 2024, 2025
- Trust-Based Relational Intervention (TBRI) Caregiver Training | 2022, 2023, 2024, 2025
- Human-trafficking Training | 2022, 2023, 2024, 2025
- Preventing and Recognizing Youth Sexual Abuse Training | 2022, 2023, 2024, 2025
- Suicide Prevention Screening and Safety Planning Training | 2022, 2023, 2024, 2025
- Trauma Informed Care Training | 2022, 2023, 2024, 2025
- Expert Witness Training | 2013; Institute on Domestic Violence and Sexual Assault, University of Texas at Austin
 - Specialized training in serving as an expert witness in legal cases involving domestic violence and sexual assault.

VOLUNTEER/SERVICE ACTIVITIES

- Moms Demand Action Volunteer Fort Worth | 2018–Present
 - o Be SMART Program Lead | 2021–Present
- Licensed Foster Parent Fort Worth | 2022–Present
- Court Appointed Special Advocate (CASA) Bexar County | 2018–2019
- Brighter Tomorrows Domestic Violence Hotline Volunteer Fort Worth | 2013–2014

^{*}Professional references available upon request